



Back to School Night 2013

ACTIVITIES DEPARTMENT INFORMATION



I. SEASON SPORTS

- A. Season schedule (below)
- B. Practices – MS: T, Th. HS: M, W, F 3:45–5:45
- C. Games, matches: most Saturdays, some Fri/Sat overnight tournaments
- D. Many different sports, many different levels: please join.
- E. Time and financial commitment – be aware.

II. SOURCES OF INFORMATION

- A. New Sabers athletics website: <http://sabers.senri.ed.jp>
 - 1. Handbooks, letters, forms
 - 2. Google calendar
 - 3. Team news, photos
 - 4. AISA homestay information
- B. *Educator, Interculture*

III. OVERNIGHT TRAVEL PERMISSION, PAYMENT

- A. First letter: most information (cost, dates, location) – parent signature indicates permission for child to participate IF chosen for team
- B. Second, final letter: exact cost to be paid to business office before trip

IV. TWO OTHER FORMS, ONE CARD

- A. Blue assignment check sheet: no paper, no play
- B. Pink track suit order form: optional; not cheap – but lasts 4 years
- C. Japanese national health insurance card – if you have one

V. AISA HOMESTAY OBLIGATION おねがいします。

- A. See “Forms – For Parents” section at sabers.senri.ed.jp for all information.
- B. October 17–20: boys volleyball (20 boys from Seoul)
- C. November 7–10: choir (16 girls, 16 boys from Seoul)

VI. CONTACT INFORMATION

- A. Peter Heimer, pheimer@senri.ed.jp
- B. Office tel: 072–727–2137; keitai: 080–1469–3788
- C. Office A-240, across from business office

SOIS SABERS SEASON SPORTS CALENDAR

	秋 FALL SEASON		冬 WINTER SEASON			春 1 SPRING SEASON 1		春 2 SPRING SEASON 2		
	9月	10月	11月	12月	1月	2月	3月	4月	5月	6月
HS GIRLS Mon/Wed/Fri	volleyball tennis		basketball			soccer badminton swimming softball		softball	volleyball preseason	
HS BOYS Mon/Wed/Fri	volleyball tennis baseball		basketball			soccer badminton swimming			baseball preseason	

	9月	10月	11月	12月	1月	2月	3月	4月	5月	6月
MS GIRLS Tue/Thu	volleyball	soccer		winter break	basketball		winter break	softball	tennis badminton	
MS BOYS Tue/Thu	baseball	basketball		winter break	soccer		winter break	volleyball	tennis badminton	

HIGH SCHOOL SPORTS SEASONS (4 seasons)

- FALL, season 1** (last week of August through third week of October, 8 weeks)
volleyball (girls, boys); tennis (girls, boys); baseball (boys)
- WINTER, season 2** (last week of October through last week of January, 12 weeks)
basketball (girls, boys); swimming (girls, boys)*
- SPRING I, season 3** (first week of February through second week of April, 8 weeks)
soccer (girls, boys); badminton (girls, boys); swimming (girls, boys)*; softball (girls)**
- SPRING II, season 4** (third week of April through second week of May, 4 weeks)
softball (girls)**; table tennis (girls, boys)

*Swimming spans 2 seasons: pre-season is in December; regular season begins in January; swimming season culminates with the AISA meet in April.

**Softball might span 2 seasons. Depending on overseas tournament offerings (e.g., Beijing tourney), the start of the softball season might be in February (season 3) or it might be in April (season 4).

MIDDLE SCHOOL SPORTS SEASONS (5 seasons)

- FALL, season 1** (last week of August through first week of October, 6 weeks)
volleyball (girls); baseball (boys)
- WINTER I, season 2** (third week of Oct. – after Sports Day – through first week of Dec., 8 weeks)
soccer (girls); basketball (boys); swimming (girls, boys)
- WINTER II, season 3** (first week of January through last week of February, 8 weeks)
basketball (girls); soccer (boys)
- SPRING I, season 4** (second week of April through third week of May, 6 weeks)
softball (girls); volleyball (boys)
- SPRING II, season 5** (last week of May – after School Festival – through third week of June, 4 weeks)
tennis (girls, boys); badminton (girls, boys)
Tennis and badminton are offered as introductory-level clubs. There are no weekend competitions.

YEAR-AROUND SPORTS

triathlon and running club (girls, boys; middle and high school together)