



Sabers Activities

[sabers.senri.ed.jp](http://sabers.senri.ed.jp)

## ***Sabers sports checklist for OIS middle school students***

### **SABERS PARTICIPATION CHECKLIST**

*Have you and your parents...*

- read and understood this SOIS Sabers handbook?  
<http://sabers.senri.ed.jp/handbooks.html>
- read the Sabers Sportsmanship description?  
<http://sabers.senri.ed.jp/spirit-sportsmanship.html>
- submitted the online Sabers Sign Up form?  
<http://sabers.senri.ed.jp/sign-up.html>
- submitted the online Parent Permission form?  
<http://sabers.senri.ed.jp/parents.html>
- read the Kansai travel explanation document?  
<http://sabers.senri.ed.jp/parents.html>
- obtained a copy of your Japanese national health insurance card (if you have one) to keep with you when participating in events at SOIS or at other schools?

**No forms = no practice = no play = no fun.**

*Thank you to all Sabers students, families, teachers, and coaches.  
Let's continue our great tradition of Sabers activities, Sabers Spirit,  
and Sabers Sportsmanship. Go-o-o-o-o Sabers!*

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