Sabers Athletics sabers.senri.ed.jp

Guest Information, Requests



Dear visiting coaches and student-athletes:

Thank you very much for making the journey to Minoh in north Osaka. We at Senri & Osaka International Schools (SOIS) are honored to host you. We hope your experience at our school is a positive and rewarding one. Best wishes to you in this weekend's competition.

We host many events at SOIS and frequently house visiting student-athletes in our classrooms. We are happy to do so. In the past, on rare occasions, classrooms have not been left in the best condition and there have been isolated cases of vandalism and theft. These have been rare cases, but may we remind you to please keep in mind your sleeping room is a classroom, and may we ask you to treat the rooms kindly and to leave them in the same condition as you found them? A very big thank you in advance for your cooperation.

Important information, requests

- Coaches: please, please supervise your students. Keep an eye on them and ask them to tidy up.
- Contact Peter Heimer, Sabers activities director, at 080-1469-3788, in emergencies.
- On Thursday and Friday, **please** wait until 18:00 PM to enter your sleeping room, or until the room is vacant.
- Return to the school <u>before</u> the **21:45 PM curfew**, please.
- Ring the buzzer near the gate outside the side entrance, if the door is locked. A guard will respond.
- Once you return to your room, do not roam about or exit the building; alarms may sound.
- You can walk to and from the showers, restrooms, and genkan during the night, but do not roam elsewhere.
- Please, **please** do not touch teacher computers or musical instruments including pianos and drums, as tempting as they may be.
- No food or drink in the classrooms, please. Please! Please eat in the student lounge or outside.
- Tidy up, vacate rooms by 07:30 AM Friday morning (AISA) or by 08:00 AM Saturday morning, please.
- On Friday, you will need to vacate your sleeping room for the entire day while classes are in session.
- Remove full garbage bags from the bin, tie them, and set them in the hallway. Plastic bottles should be emptied first, please. Thank you.
- Please do not place partially full drink bottles in the garbage bags too heavy.
- On the morning of your departure: **fold, return, and stack futons**, sheets, pillows in the designated area: either in the genkan <u>or</u> down the small slope to the left of the genkan. Please note the special "futon-folding instructions" (separate sheet).
- Library: open on Fridays until 16:30 for quiet study; not open on Saturdays.

For teams staying over on a school night (Thursday)

- On Thursday and Friday, please wait until 18:00 PM to enter your sleeping room, or until the room is vacant.
- Tidy up and vacate rooms by 07:30 AM Friday morning, please. Teachers may enter their rooms soon after that.
- On Friday, you will need to vacate your sleeping room for the entire day while classes are in session.
- On Friday, please stack futons, sheets, pillows, suitcases in the theater lobby area outside the theater doors. Please store things neatly along the big window. Take all valuables with you.
- Please take all belongings to the gym or field; do not leave them in classrooms. Protect your valuables.

Internet access via school's wi-fi – available in most areas, though connection sometimes spotty.

• "Join other network" – guest. (No password needed.)

Other notes

- Student showers are located at the end of the long hallway up from the music rooms.
- Coaches and chaperones: You can shower in the student shower rooms, if you like. Or, for more privacy, please use the showers in the **swimming pool changing rooms**. (Heimer will show you the location.)
- Drink machines are located in the student lounge.
- Spilled food and drink stain carpets. Please do not eat in classrooms.

THE SABERS THANK YOU FOR YOUR COOPERATION.
WE HOPE YOU HAVE A GREAT STAY WITH US AT SOIS.

Restaurants, Shops in Onohara-Nishi Neighborhood

There are restaurants, food shops, and convenience stores a short walk from the school. There are more restaurants (McD's, KFC, Mr. Donut, sushi) a 15-minute walk from the school.

Turn RIGHT out the front entrance of the school and walk down the street:

On the right side of the street, in this order:

- Hiro Coffee (opens at 8:00 AM)
- Crocchetta (good bentos for 600–700 yen)
- Family Mart convenience store
- Takiya drug store (sells food and drinks, too)
- <u>1 Karubi Plus</u> (all-you-can-eat yakiniku a bit pricey, often long waits...but good)
- Komeda Coffee (opens at 7:00 AM)
- Kozou-zushi (halfway down the hill; take-out sushi, bentos)
- Sushi restaurant
- Kamakura Pasta (bottom of the hill, on the corner; all-you-can-eat bread)

On the left side of the street, in this order:

- Coin laundry
- Hotto Motto (cheap take-out bentos)
- Sunny Side bakery (opens at 7:30 AM; tasty and popular)
- Starbucks (opens at 8:00 AM)
- Mos Burger (halfway down the hill; Japanese fast food)

At the bottom of the hill at the traffic signal, across the street, on the right:

- Kansai Super (supermarket; big red and white K sign; 9:30 AM-10:00 PM; fruit, drinks, everything)
- Turn right, 50 meters up the street past Kansai Super is NishikiWarai (okonomiyaki; green and white sign; lots of tables and reasonably priced, but sometimes a short wait)

At the bottom of the hill at the lights, turn left (toward mountains, toward route 171):

- 10-minute walk from here to major intersection at route 171.
- Walk past Dip Rasna Indian restaurant, <u>HokkaHokkaTei</u> (<u>take-out/delivery bentos</u>, 072-749-0230), RaiRaiTei ramen.
- Continue down the hill to the major intersection where you will find Mr. Donut, KFC, McDonalds, Katsu&Katsu tonkatsu, Kura Sushi conveyor belt sushi, and other restaurants.

Turn LEFT out the front of the school and walk 25 minutes down the street (25 minutes; do not leave this road; curves to left; stay on the left sidewalk):

- **Bb** アミューズメントタイムスクエアB b 箕面船場店: game center, bowling alley, karaoke, sento (public bath), restaurants, 100-yen store
- Along the way, on the right side of the road, is Pizza Hut, delivery or takeout. 072–726–1300

Q's Mall みのおキューズモール outdoor shopping mall

- 10-minute taxi ride (about 1500 yen) from the school.
- Aeon department store, Sports Depot sporting goods store, Uniqlo, Starbucks, Subway sandwich shop, First Kitchen (fast food), 109 Cinema, many other shops and restaurants.

Expo City: Japan's largest indoor shopping and entertainment complex

- 15-minute taxi ride (about 2000 yen) from the school.
- Too many stores and restaurants to mention; food court; Japan's tallest Ferris wheel

Senri-Chuo train station

- 10-minute taxi ride (about 1700 yen) from school (where the AISA coaches hotel is located).
- Yamada Labi 1 electronics store, Starbucks, Mr. Donut, Lotteria fast food, Mos Burger,
 McDonalds, Hankyu Department Store, grocery stores, many other shops and restaurants.

SOIS Address, Directions, Phone Numbers, Taxis

Senri International School of Kwansei Gakuin (SIS)
Osaka International School of Kwansei Gakuin (OIS)
Onohara-Nishi 4-4-16, Minoh-shi, Osaka-fu 562-0032 JAPAN

関西学院千里国際中等部・高等部 関西学院大阪インターナショナルスクール

〒562-0032 大阪府箕面市小野原西 4-4-16

tel: 072-727-5050

Directions to SOIS can be found on SOIS school website – <u>www.senri.ed.jp</u>.

- from Shin-Osaka: Midosuji Line (red) north to Senri-Chuo, final stop (¥320; 13 min.).
- from Shin-Osaka: regular taxi 25 minutes, about ¥4500. Tell driver: Senri Kokusai Gakuin, Onohara-Nishi. (9-seat jumbo taxis sometimes available at station, about ¥6500.)
- from Senri-Chuo: taxi 10 minutes, about ¥1600.
- from Itami airport: monorail from Hotarugaike to Senri-Chuo 9 mins., ¥290.
- train routes, schedules, times, costs: http://www.hyperdia.com/en/

Taxi phone numbers

Teams, please arrange your own taxis. Call in advance – from your school before you depart – to make sure taxis are available. You may have to call more than one company. Pick-up place: *seimon* 正門 (front gate).

- Miraito (Minoh): 072–627–0123
- Hankyu (Senri-Chuo): 06–6864–1111
- Ikeda: 072–761–8464
- Ibaraki/Takarazuka: 072–685–1919
- Nippon Taxi (regular): 06–6928–5151
- Nippon Taxi (jumbo): 06–6923–3923 http://www.nippontaxi-grp.co.jp/taxi/yoyaku.htm Call or visit website to reserve 9-seat jumbo taxi, at least 1 week in advance. Strict adherence to 9 passenger limit. About ¥6500 and 25 minutes between school and Shin-Osaka station.

Important phone numbers

Mr. Peter Heimer, pheimer@senri.ed.jp

SOIS activities director

-cell: 080-1469-3788 -office: 072-727-2137 -home: 072-728-7523

Senri Hankyu Hotel (AISA coaches hotel)

-from overseas: +81–6–6872–2211 -from within Japan: 06–6872–2211

Senri & Osaka International Schools, www.senri.ed.jp

-from overseas: +81–72–727–5050 -from within Japan: 072–727–5050